

## What You Can Do Next

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Thank you for making a panel for the Vision Quilt. Please continue your efforts to prevent gun violence and help spread the Vision Quilt message.

- 1. Tell your friends how they can make a panel by following the step-by-step instructions on our website: www.visionquilt.org.
- 2. If you know of people in another part of the country who may be interested in making panels, please let us know: visionquilt@gmail.com
- 3. "Like" us on Facebook and keep up to date with the Vision Quilt www.facebook.com/visionquilt
- 4. Check out the "Get Involved" section of our website. Here are a few of the ideas from that list:
  - Talk to friends and family and encourage them to openly dialogue around this sensitive issue. Focus on root causes and potential solutions.
  - Invite friends and neighbors to a Vision Quilt Video Night to start the conversation. Watch the Vision Quilt video and lead a discussion using the graphic handouts from Vision Quilt. Ask people what they will do to help share what they've learned.
  - Research the gun laws in your town, county and state regarding open carry, background checks, etc. Decide how these laws could be improved. Then talk to your local, state and national elected representatives and encourage them to stand up for gun safety and the prevention of gun violence.
  - Talk to a gun owner or gun shop owner to better understand why people choose to own guns. It will be informative and could generate new ideas for gun safety and gun sense.
  - Years ago we did not have the idea of a "designated driver." When individuals and the media began to use the phrase, "Friends don't let friends drink and drive." Thousands of lives have been saved as a result. Discuss how this behavioral change could relate to gun violence. Could a norm be fostered to promote, "If your neighbor, friend or relative is depressed or enraged, see if you can safely encourage that person to give up their gun for a period of time and seek support?"
  - Post your views on social media. You have the power of the Internet to influence friends, family, friends of friends and even people you do not know.