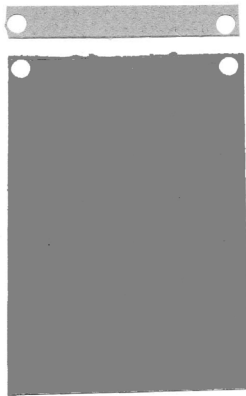


Instructions for Wearing Panels

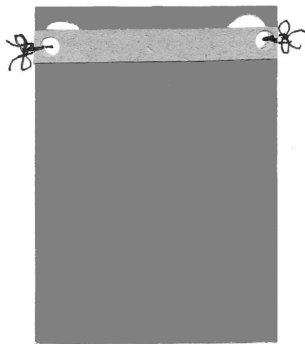
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visionquilt@gmail.com
www.visionquilt.org

1. Cut stick (approximately 1/4" X 1/4") the exact width of the panel, i.e., 18" for a vertical panel and 24" for a horizontal panel.

Drill a hole at each end of the stick.

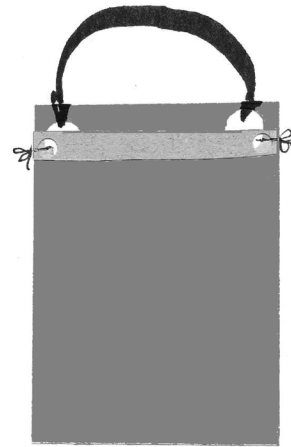


2. Put a string through the hole and the grommet, and then tie—horizontally—the stick and the panel together.



3. There are two options for attaching the panel to the back of the person.

A. Cut 1 piece of soft ribbon 30" long. Tie each end through one of the grommets. The ribbon goes over the person's shoulders and is pinned to the shirt or looped around a button.



B. Cut 2 pieces of soft ribbon each 30" long. Put a piece of ribbon through each grommet and tie, making two large loops. The person puts her arms through each loop. Then with another piece of ribbon, approximately 12" long, tie the loops together in front of the chest.

